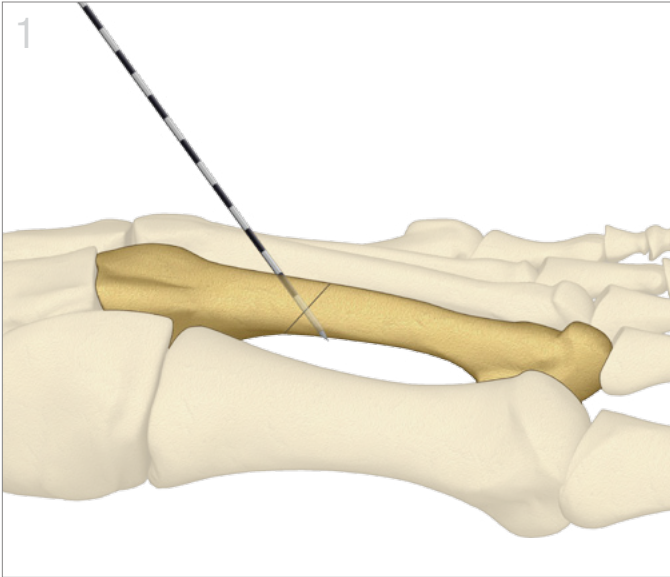


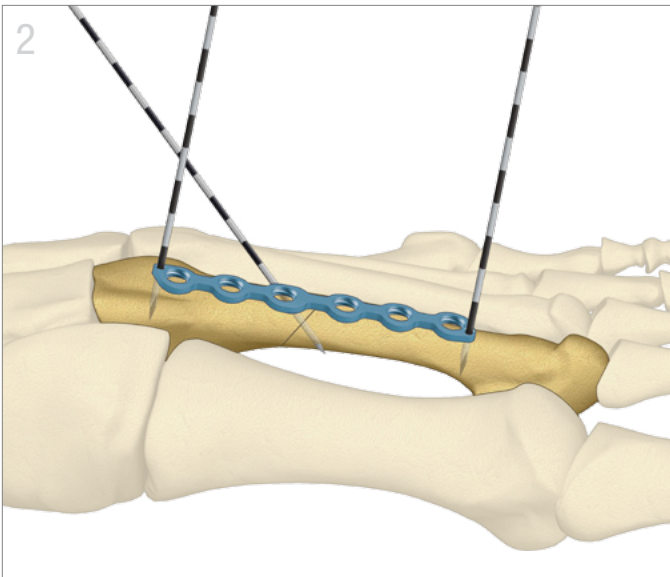
# Distal Xtremities Plates

Surgical Technique | *TriMed Distal Xtremities System*



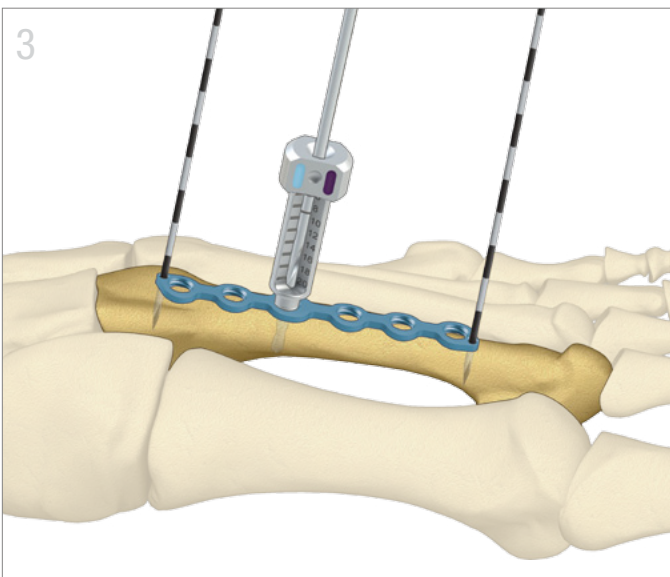
## Exposure and Temporary Fixation

- Expose the metatarsal or phalanx with standard techniques.
- Reduce the fracture or osteotomy and hold with k-wires or a bone reduction clamp.



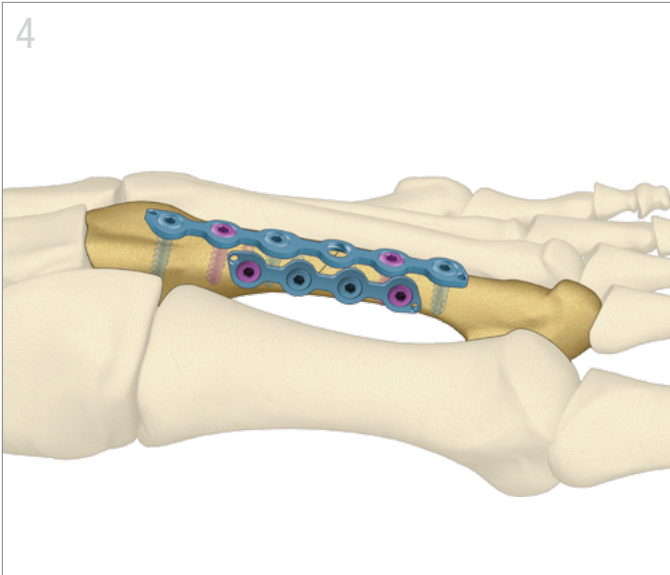
## Plate Application

- Position plate over the fractured or osteotomized bone.
- Temporarily secure plate proximally and distally with 0.045" (1.1mm) k-wire.



## Screw Insertion

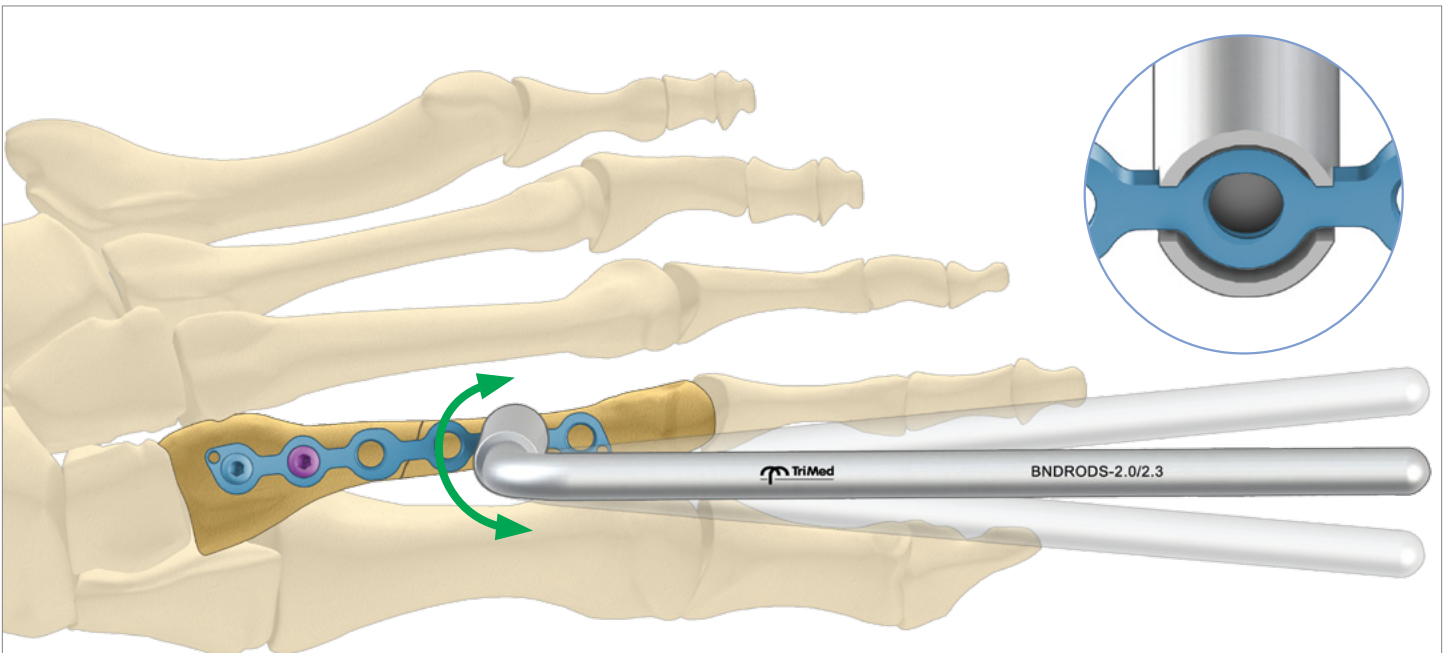
- Use the drill guide and corresponding drill for the desired screw size.
- Verify screw length with depth gauge. Insert screw into plate.



## Final Fixation

- Complete fixation with additional screws as necessary.
- Repeat steps above with an additional plate for 90/90 fixation.

## BENDING TECHNIQUE



The Bending Rod allows plate to be contoured along the long axis, as shown. (excluding plates a. and b. on pg. 4)

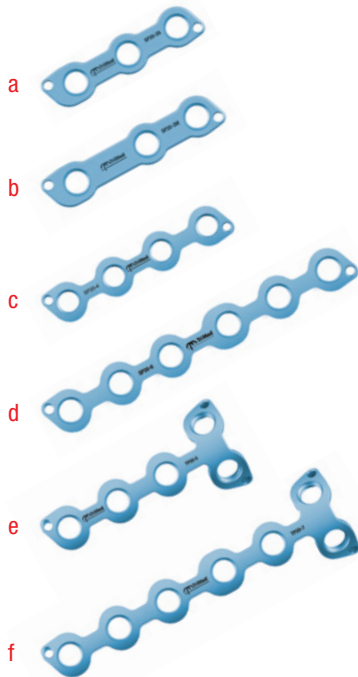
**Note:** At least two (2) screws required on the opposite end of the plate to prevent undesired plate rotation.

**Caution:** Avoid excessively or repeatedly bending the plate, as it may potentially result in premature plate fatigue, loss of performance or breakage.

All implants made from surgical grade titanium

## Distal Xtremities Plates

		Holes	Length (mm)
a	SP20-3S	3	22
b	SP20-3M	3	25
c	SP20-4	4	30
d	SP20-6	6	44
e	TP20-5	5	28
f	TP20-7	7	44



## Bending Rod

BNDRODS-2.0/2.3



## Locking Drill Guide

GUIDEL-1.4/1.6



## 2.0mm Locking Screw

CLS2.0-xx  
06mm to 18mm



## 2.3mm Locking Screw

CLS2.3-xx  
08mm to 20mm

