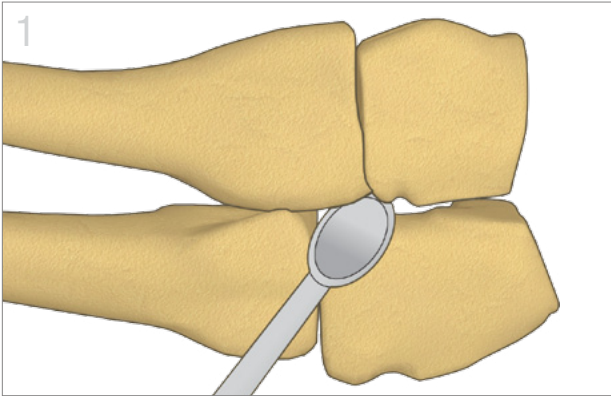


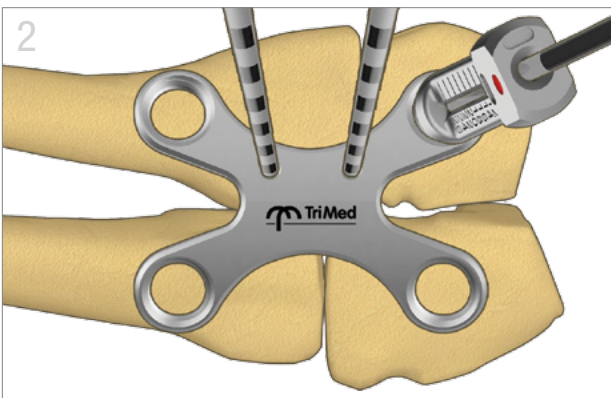
# X & H-Plates

Surgical Technique | *TriMed Foot Plating System™*



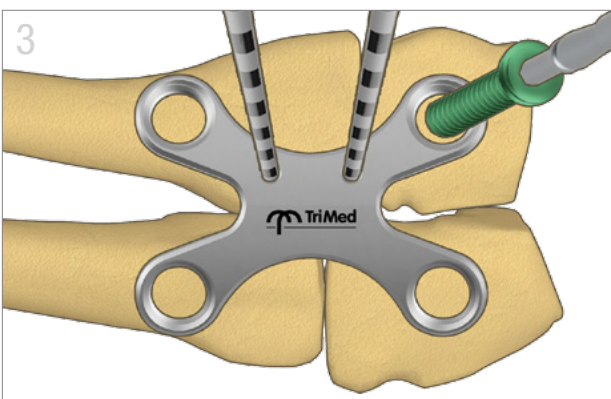
## Exposure and Joint Preparation

- Make standard incision and perform joint preparation.
- Compress joint and provisionally fixate with K-wires or clamps.



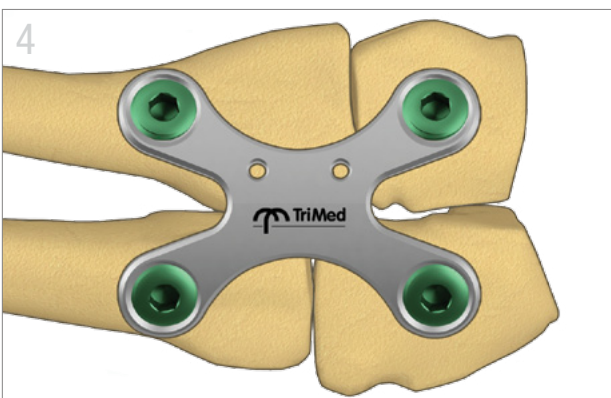
## Plate Application

- Position plate over fusion site and temporary hold with 1.1 mm K-wires.
- Use appropriate drill guide (red) with 2.3mm drill bit (red).



## Screw Insertion

- Measure with depth gauge and select appropriate screw length.
- Insert 3.5mm screws with 2.5mm Hex screwdriver (red). Remove provisional fixation K-wires or clamp.



## Final Fixation

- Remove remaining K-wires. Check final screw placement and arthrodesis on C- arm.
- Irrigate and close in layers.